



In life most individuals experience some types of issues or problems that can be temporary or develop into psychological, behavioral, and/or emotional problems. When these issues or problems interfere with work, school, family, or one's daily routine, it is time to look into seeking therapeutic services. Just Do It Counseling offers therapeutic services to help individuals and families to develop more tools and techniques to deal with their issues and problems.

## Services | Specialties

- Home-Based Family Centered Therapy
- Home-Based Family Centered Casework
  
- Anger Management
- Depression
- Bipolar Disorder
- Conduct Disorder
- Anxiety
- Alcohol or Drug Abuse
- Educational Concerns
- Recreational Therapy
- Transition from Restrictive Placement (TRP)
- Truancy Termination
- Mentoring

Contact Us: Just Do It Counseling  
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Hours:  
7am-8pm Monday - Friday  
On call 24/7